

**Champions Arise Study Guide**  
**Series: Adult Children of Divorce**

**Program #CA 47 (ACD) – Adult Children of Divorce (ACD): Issues with Father Hunger**

Focus passage – Psalm 139:17, *“A Father to the fatherless, a defender of widows, is God in His holy dwelling.”*

1) What was the biggest impact your father had on you growing up?

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2) What two questions do girls need answered by their father when they are growing up?

1. \_\_\_\_\_
2. \_\_\_\_\_

*“A person who is full refuses honey, but even bitter food tastes sweet to the hungry.”*

*Proverbs 27:7*

3) What is the first way men can help women heal from Father Hunger?

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*“How precious are Your thoughts about me, O God! They are innumerable! I can’t even count them”*

*Psalm 139:17*

4) What is the second way men can help women heal from Father Hunger?

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*“The helpless commits himself to You; You are the helper of the fatherless.”*

*Psalm 10:14*

5) What is the third way men can help women heal from Father Hunger?

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**Commitment:** I commit to treating every woman and girl as a daughter of Jehovah God.

## Adult Children of Divorce: Issues with Father Hunger – LEADER’S GUIDE

1. Thank everyone for coming.
2. Open in prayer
3. Read the focus passage.
4. Ask men to answer Question #1. Remind the men that the meetings are confidential.
5. Listen to the program: “Adult Children of Divorce: Issues with Father Hunger”
6. After the program is finished, allow time for comments or questions on the program
7. Review the answers to the four remaining questions with the men in the group. Encourage everyone to participate, but never force or shame someone into participating.
  - a. Question #2 answer: Am I beautiful to you? Am I special to you?
  - b. Question #3 answer: Help them see themselves as God sees them.
  - c. Question #4 answer: Help them to replace Satan’s lies with God’s truth.
  - d. Question #5 answer: Be a godly and safe haven for women.
8. Ask the men what was most important to them from this teaching.
9. Ask the men to commit to help each other overcome any father hunger issues they are experiencing, and be safe havens for any woman or girl God trusts them with.
10. Confirm the time for the next meeting.
11. Take prayer requests.
12. Close in prayer

Sample prayer: Heavenly Father, help us to be men who women and girls feel safe around. Help us to cherish them as You do. In Jesus name, Amen.