

Champions Arise Study Guide
Series: The Four Priorities
Priority #2 – A personal, progressive commitment to yourself
Program #CA 30 (TFP2) – Social Assets

Focus passage – Mark 14:32-34: *“Then they came to a place which was named Gethsemane; and He said to His disciples, “Sit here while I pray.” And He took Peter, James, and John with Him, and He began to be troubled and deeply distressed. Then He said to them, “My soul is exceedingly sorrowful, even to death. Stay here and watch.*

1) How important do you think it is to share your emotions with other men?

2) In Mark 14:32-34. What emotions does Jesus share with Peter, James, and John?

3) In sharing His emotions, what are two things Jesus modeled with Peter, James, and John?

“No longer do I call you servants, for a servant does not know what his master is doing; but I have called you friends, for all things that I heard from My Father I have made known to you.” John 15:15.

4) What are four barriers men can experience to deeper relationships?

1. _____
2. _____
3. _____
4. _____

5) Do you have a “Peter, James, and John in your life like Jesus did? Why or why not?

Commitment: I commit to following Jesus’ example and finding a man or a couple men I can share my deepest joys and struggles with.

Social Assets – LEADER’S GUIDE

1. Thank everyone for coming.
2. Open in prayer
3. Read the focus passage.
4. Ask men to answer Question #1.
5. Listen to the program: “Social Assets”
6. After the program is finished, allow time for comments or questions on the program
7. Review the answers to the four remaining questions with the men in the group.
Encourage everyone to participate, but never force or shame someone into participating.
 - a. Question #2 answer: Sample answers: Jesus was very upset. Jesus was very sad.
 - b. Question #3 answer: 1) Jesus could share deep emotions with them without being embarrassed. 2) Jesus trusted them.
 - c. Question #4 answer:
 - a. Fear that if people really knew us, they wouldn’t like us.
 - b. There are unresolved resentments
 - c. There is competition in the relationship
 - d. Life gets in the way.
 - d. Question #5 answer: Encourage the men to answer honestly.
8. Ask the men what was most important to them from this teaching.
9. Ask the men to commit to being more open about their emotions.
10. Confirm the time for the next meeting
11. Take prayer requests.
12. Close in prayer

Sample prayer: Heavenly Father, please help us to follow the example of Your Son Jesus, and select men we will share our emotions with. In Jesus name, Amen.